



Independence Day

*6 Hours
Treadmill Run*

2nd Edition

**15th August, 2016
6:00 AM to 12 Noon**

Organized by



LS Sports

Health & Fitness for all



The Concept



- 4 team of 3 male participants running for 2 hours
- 1 team of 6 female participants running for 1 hour
- 5 Referees from each club for guiding & helping
- The top 3 male team and female team winners will announced as per the highest distance covered in 6 hours.
- Trophy for the top three Club or Gym best



Glimpses of 1st Edition

Total 25 Teams Participated



Participant Clubs



RAJPATH CLUB



KARNAVATI CLUB LTD.

CLUB



CLUB & CONVENTION



Ellisbridge Gymkhana



Winners of 1st Edition

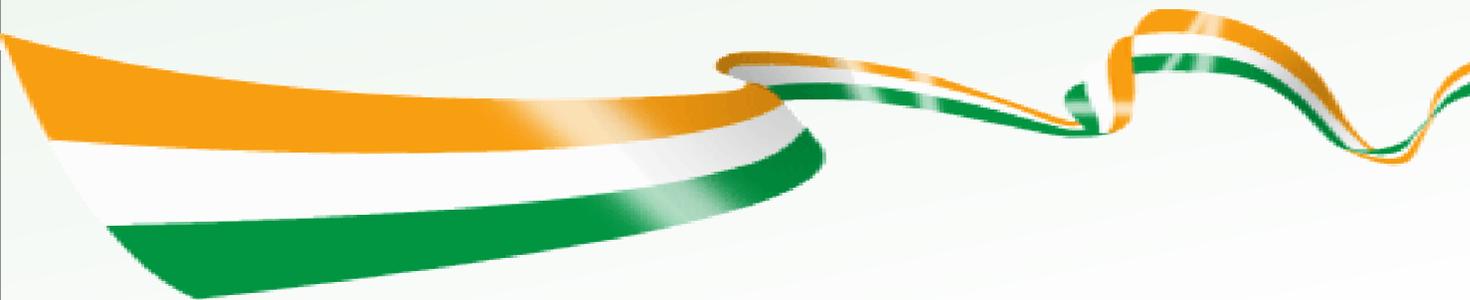


- *Team Women Winner was Karnavati Club Team - Covering a distance of 63.71kms in 6 hours*
- **Team Men winners 1st to 4th Position is as follows**
 - 1st Team Rajpath Club - 73.90kms in 6 hours**
 - 2nd Team Rajpath Club - 66.61kms in 6 hours**
 - 3rd Team Ellisbridge Gymkhana - 65.13kms in 6 hours**
 - 4th Team Rajpath Club - 64.90kms in 6 hours**



*A total distance of **1251kms** was covered*

*The Team Trophy for covering highest distance went to **Rajpath club** for scoring a distance of 298.30kms in 6 hours by their 5 teams!!!*





Independence Day
6 Hours
Treadmill Run
2nd Edition

15th August, 2016
6:00 AM to 12 Noon

Organized by



LS Sports
Health & Fitness for all

Support Required

- *Send sms to participate & support the event to all members*
- *To provide 5 referees for the event*
- *To provide water, Nimbu Pani to participants & fruits (Banana & Oranges)*
- *Make announcement of the competition going on in the club/gym premises*
- *Provide light refreshment after the run.*



Thank You

LS Sports Management Pvt. Ltd.

Contact: Surpreet Singh - 9662990546

Email: lssports.in@gmail.com

Website: www.lssports.in

Stay connected with us



/LSSportsManagement



/LihasTrivedi